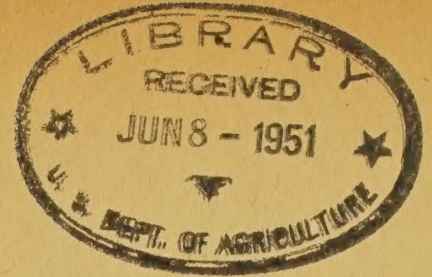


Extension Service
U. S. Dept. Agr.
Washington 25, D.C.



Important Problems in Foods and Nutrition Growing Out of Present Situation*

As leaders in a community we need to help families think through the following problems and decide on the best solution for them.

1. How to spend the food dollar wisely.

What can be substituted for food that is short or too expensive?

2. How much food should be on hand for emergency use?

If we are to prepare for catastrophe, how much and what kind of food should be on hand and still not hoard?

3. Is a home garden practical? If so, what should be included in it?

4. What should be canned and/or frozen to help supplement the home food supply? Is home food preservation practical?

5. What shortages may be expected in foods and related supplies?

Is rationing likely, and if so, what foods will come under control?

6. How can food waste best be prevented in the home?

7. What quick methods of preparation can be suggested?

8. How are people to be fed in our community in case of a catastrophe?

What can each individual contribute?

*Statement prepared by Evelyn L. Blanchard for Conference on Strengthening Homes in the Emergency, April 25-27, 1951. Washington, D. C.

